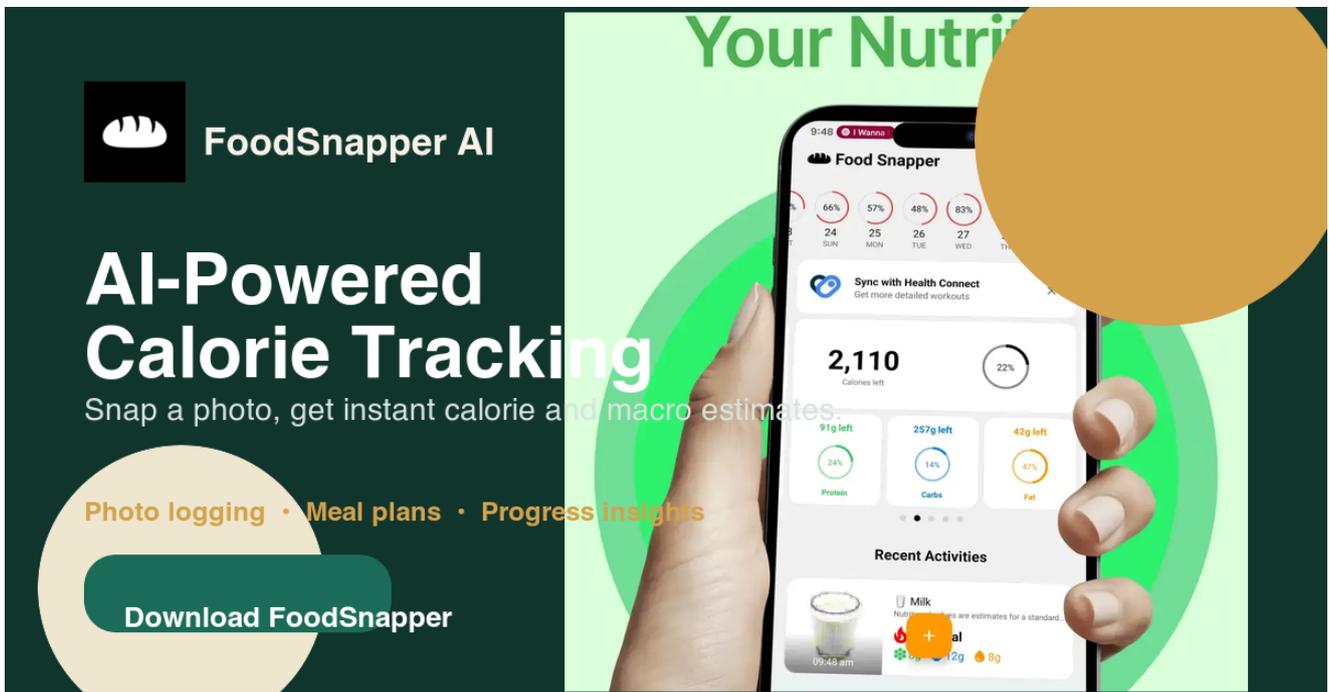


FoodSnapper AI Quick Start Guide

A printable one-page style onboarding PDF for first-time users and lightweight sharing.

Prepared by the gagasoft editorial and product team

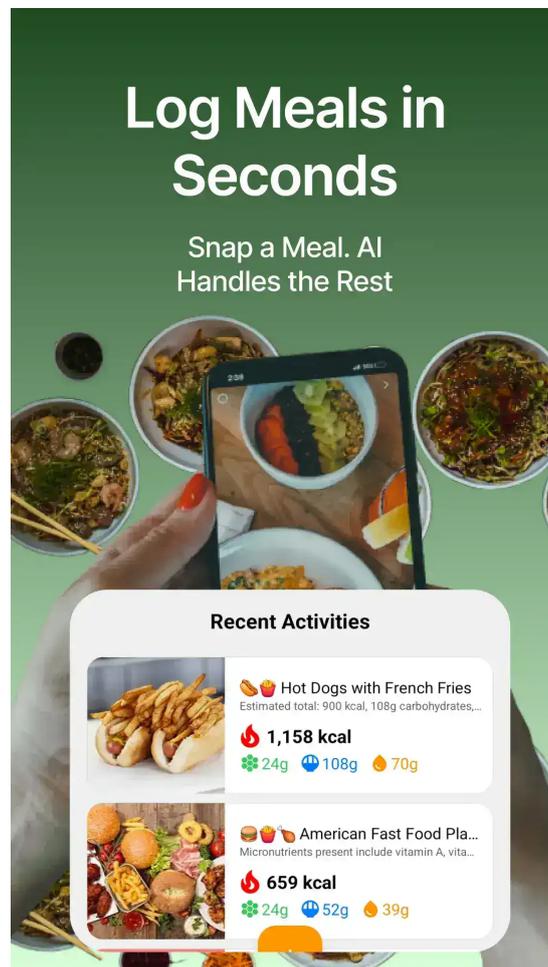
March 2026



This PDF is based on public research references and FoodSnapper AI product facts that are already published on snap-cal.com. It avoids fabricated benchmark numbers and is designed to be searchable, linkable, and printable.

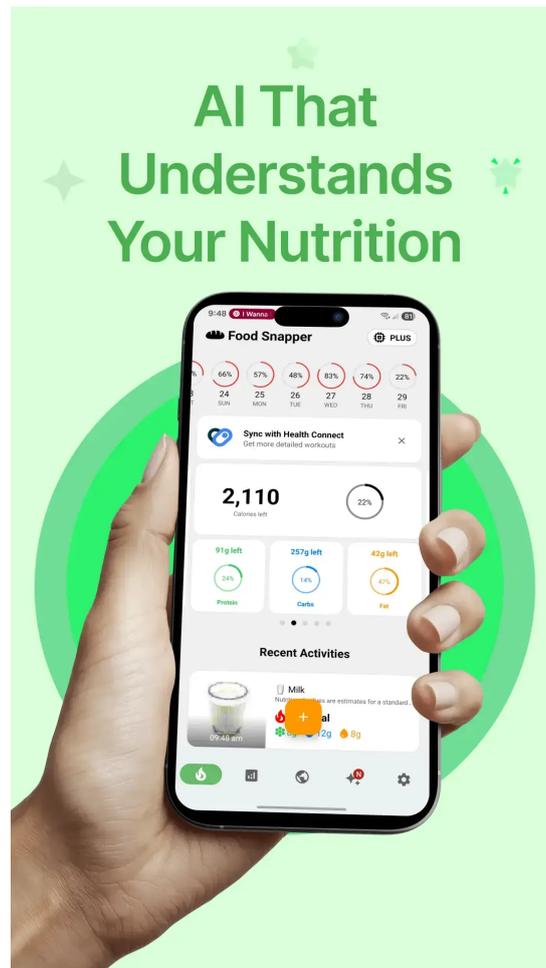
1. Start with the fastest logging method

FoodSnapper AI supports three quick entry paths: food photos, barcode scans, and short text notes. Pick the path that matches the moment instead of forcing every meal through one workflow.



2. Confirm the estimate before moving on

The strongest habit is not chasing a perfect first guess. It is checking portion size, adjusting a food match when needed, and moving on without making logging feel heavy.



3. Keep the daily loop simple

- Use hydration tracking to keep the app open as part of the whole day, not only meal moments.
- Review progress trends instead of obsessing over one imperfect meal estimate.
- Use support or data deletion paths directly from [snap-cal.com](https://www.snap-cal.com) when you need account control.

Scan to open FoodSnapper AI resources



Homepage: <https://www.snap-cal.com/> | Accuracy guide:
<https://www.snap-cal.com/ai-calorie-tracking-accuracy-guide.html>